



Member of the World Council for Psychotherapy (WCP)  
NGO with consultative status to the Council of Europe

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# **E u r o p e a n   A s s o c i a t i o n   f o r**

## **P s y c h o t h e r a p y**

### **APPENDIX to the Practitioner Re-Registration Form for European Certificate of Psychotherapy**

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**Continuing Professional Development (CPD)** is required for re-registration for the ECP.

You are required to complete at least 150 CPD hours over a three-year period, from three or more of the following categories, with a maximum of 50 hours per category:

- a) Advanced or additional professional **psychotherapy courses** (Please list these, include detail of the provider (institute) and a synopsis of the course, and indicate the number of hours for each course on a separate sheet.)
- b) **Professional supervision** for psychotherapy practice/clinical/group work and peer supervision (Please indicate this on a separate sheet with name of supervisor/institute, hours of supervision, and the total of number of hours)<sup>1</sup>
- c) **Personal psychotherapy** (individual, group, couples or family)
- d) Psychotherapy **conference / symposium attendance** (Please list title, date and organisation for each on a separate sheet and indicate number of hours of session time attended in each. Please attach copies of all conference attendance certificates).
- e) Professional activities in psychotherapy. (Being elected to a **Board or a Committee** and attending meetings. Please indicate organisation, dates of committee/board meetings, and number of formal hours of each meeting.)
- f) Participation in extra psychotherapy training as a **supervisor/researcher/teacher**.

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<sup>1</sup> **Pre-certification** supervision is done according to the criteria of the *training institute*. All kinds of **post-certification** professional supervision is done at the *practitioner's free choice* with qualified professional supervisors.